

CHECKLIST FOR EARLY RELEASE OF ASYMPTOMATIC CONTACTS FROM QUARANTINE FOR COVID-19

INSTITUTION /ORGANIZATION:

- Can prove need for the essential worker to return to work

- Ability to closely screen and monitor for COVID symptoms twice a day

- Ability to record findings of close symptom monitoring during days 11-14 of quarantine after exposure

- Ability to promptly communicate positive findings on daily check-ins to the Sangamon County Department of Public Health

INDIVIDUAL RELEASED:

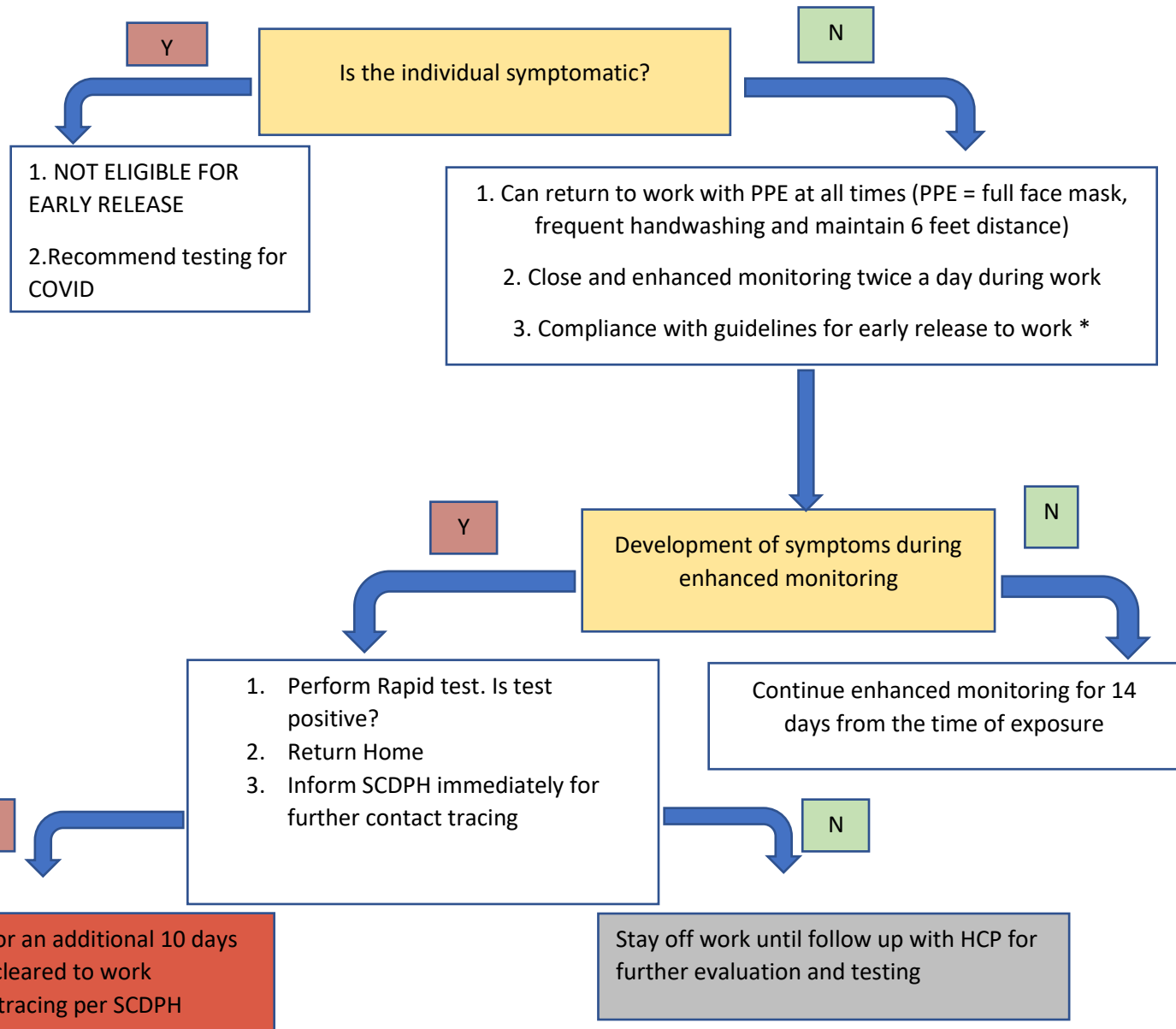
- Has remained asymptomatic for the entire period of 10 days of quarantine

- Can comply with guidelines for early release from quarantine as set forth by Center for Disease Control (CDC), Illinois Department of Public Health (IDPH) and Sangamon County Department of Public Health (SCDPH)

Release from Quarantine Algorithm for Asymptomatic Contacts of COVID -19

HOUSEHOLD & NON-HOUSEHOLD CONFIRMED EXPOSURE

(Isolation & algorithm starts from last exposure if employee has multiple exposures)



*GUIDELINES FOR EARLY RELEASE FROM QUARANTINE

1. Quarantined individuals are allowed to go to work, and then back home, but no additional stops or extra-curricular activities are permitted outside of the standard school day (e.g., lunch, social gatherings, shopping, sporting event)
2. Correct and consistent mask use (including within homes)
3. Maintain social distancing
4. Perform hand hygiene
5. Follow environmental cleaning and disinfection
6. Avoid crowds
7. Ensure adequate indoor ventilation
8. Check-in to assess for symptoms of COVID-19 illness, and
9. Avoid contact with persons at increased risk for severe illness, including vulnerable and congregate populations