Brief Recommendations for Households

Stay home if sick. Always cover your cough and sneeze. Urge everyone including all visitors to clean their hands at the door. Discuss with the entire household ground rules about who comes over to visit the home; consider which relatives and friends come over. Remember that pets can carry viruses on their fur and tongue. Managing the pet’s interactions with other persons is also important.

If there is someone at higher risk (elderly or with weakened immune systems) in the household or part of the extended family, discuss how to provide a protected space. This involves more hand washing and regular cleaning of utensils and surfaces.

Other tips:

- As the weather improves, open windows for ventilation.
- Have a contact list with cell numbers of persons that frequent your home in the event someone gets sick to inform them accordingly.
- Consider providing someone outside the household with keys which may be important for caring for pets if no one is home.
- If someone is sick, care for them separate room and avoid as much as possible by maintaining distance of 6 feet. As much as possible, have one family member care for them.
- If very sick, then contact your healthcare provider by phone first. This allows the provider to learn about your condition and prepare the facility for the arrival of a patient potentially infected with COVID19 coronavirus.
- Prepare your household, for sheltering in place in the event of shut downs.
- Discuss options for school closures.